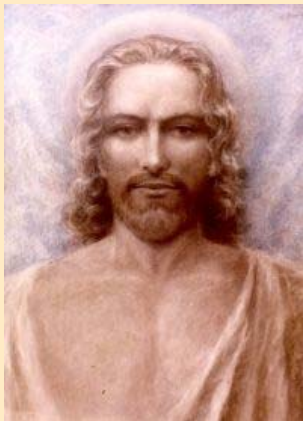


# Inspiration

For the Mystical Journey with Christ

October 2011



## Schedule of Talks

**Oct 31** *What Have We to Learn from Past Civilizations?*  
Rev. Blake Isaac

**Nov 6** *The Aura—Our Blessing and Responsibility*  
Rev. Bette Harper

**Nov 13** *Silence Brings Us to Peace*  
Rev. Myrna Triggs

**Advent—**

*A child grows whether he desires to or not. An adult, however, has to desire to improve within, and to make outward progress. The growth of an individual begins when he finds his own special way to advance, and when he maintains its constructive influence.*

—Flower A. Newhouse, *The Quest* p. 175



## A Moment of Joy

By Reverend Elizabeth Wood

During the Silent Masters' Retreat a little over a year ago, the Reverend Lucy Wold introduced us to a new adventure, proprioceptive writing. That

## **Because Christ Lives**

**Nov 16** Advent Class 1

**Nov 20** *To Be Thankful*  
Rev. Hal Lingerman

**Nov 23** Advent Class 2

**Nov 27** *Christ's Influence  
Upon Our Heart*  
Rev. Miara Wiltshire

**Nov 30** Advent Class 3

**Dec 4** *Christ's Influence  
Upon Our Character*  
Rev. Blake Isaac

**Dec 7** Advent Class 4

**Dec 11** *Christ's Influence  
Upon Our Choices*  
Rev. Phyllis Isaac

**Dec 14** Advent Class 5

**Dec 18** *Christ's Influence  
Upon Our Relationship  
with God*  
Rev. Lucy Wold

## **Christmas Retreat**

**Dec. 23-25** *Christmas—  
Our Soul's Nativity  
Through Christ*  
Rev. Jonathan Wiltshire

## **Join the Discussion**

Questhaven is offering  
a new way to share

writing experience was very meaningful to me and opened new avenues of thought, listening and experiencing.

We were instructed to listen and write what we hear; listen to what we write; then ask the proprioceptive question, "What do I mean by \_\_\_\_\_?"

Being asked to write what I heard, I heard bells—bells of joy. When I listened to what I wrote, the bells told me to be joyous, to lift beyond the heaviness of earth and its problems. They told me to rise up as a pure spirit into the Light and joy of God. We don't need to carry the burdens of the daily life, just do our best with each need or challenge and then turn our thoughts to the joy of God's ever-present Spirit.

The word 'joy' stood out. What do I mean by joy? By joy I mean that feeling of being a part of God's Spirit, even while here on earth on a temporary journey of learning and growth. The joy that means, "my yoke is easy, my burden is light," for God's Spirit is always present and will carry all burdens. That joy that reminds me that the God Spirit dwells within me and is all-powerful – "all things are possible to him who believeth." When we express joy we shed all non-essentials—self-consciousness, selfishness, fears, concerns for our own welfare or needs—because that Spirit within is radiating God's Light wherever we go, into whatever circumstances we meet.

Expressing joy helps bring Light into dark places. It not only dissipates darkness but also lifts the auras of other persons present. Joy helps lighten our burdens, as well as the burdens of others; joy is the song of the Angels; joy brings us closer to God.

the mystical journey together: A [Community Forum](#) to prompt dialog and discussion for all those striving to become Christian mystics.

### Recent post:

#### **Unwrap Your Gift of Intuition**

Lucy gave a wonderful talk on Sunday, *Intuition: Awakening To Our Sixth Sense*. She explained that intuition is a shortcut to truth which bypasses our rational mind. We all possess intuition; that inner voice is always there. It speaks in whispers and does not compete well with the noise and distractions of our outer world. So it is up to us to come to stillness if we want to hear it. Intuition does not explain rather it just points the way for us. . . How have you experienced intuition in your life? What has helped you learn to trust this inner voice?

[Join the Discussion](#)

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### Important Dates:

**Advent Classes begin on  
Wednesday, November  
16**

That is all that came to me during the short time I spent writing, but as I thought about it later I realized how many similar feelings came from the word 'surrender.' We are told so often how important it is to surrender all non-essentials. When we are able to surrender self-consciousness, selfishness, fears, concerns about our needs or any kind of negativity, it brings joy; when we express joy it brings surrender; "...and your joy no man shall take away from you." (John 16:22)

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This kind of journaling was developed further at Michaelmas Retreat, 2011, and continues today online at the [Questhaven Community Forum](#). Join Andrea Chinn-Parillo and Reverend Lucy Wold as they continue to journal and elicit the intuitive voice within to come forth in expression.

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### Join us on the web in a variety of ways:

**Website:**

[www.questhaven.org](http://www.questhaven.org)

**Discussion Group:**

[questhaven.posterous.com](http://questhaven.posterous.com)

**True North Class:**

[www.questhaven.org/findtruenorth](http://www.questhaven.org/findtruenorth)

**Email:**

[office@questhaven.org](mailto:office@questhaven.org)

**Facebook:**

[questhaven.org/facebook/](http://questhaven.org/facebook/)



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**Christmas Retreat:  
December 23, 24 and 25**

**Check our [calendar of events](#) for up-to-date information**

