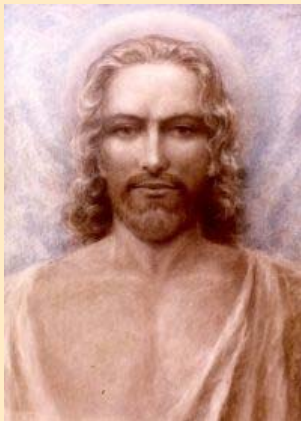


Inspiration

For the Mystical Journey with Christ

October 2011



Join the Discussion

Questhaven is offering a new way to share the mystical journey together: A [Community Forum](#) to prompt dialog and discussion for all those striving to become Christian mystics.

Recent post:

The Power of a Watermelon Seed

Jonathan Wiltshire shared William Jennings Bryan's insights

Nothing comes to us by way of growth, refinement or success that we have not thought about and planned. The attainments of today are but our mental images of yesterday; therefore, our ideals of today become the realizations of tomorrow. To be capable of conceiving success is to be able to achieve it.

—Flower A. Newhouse, *Meditation with a Purpose*



Bougainvillea in bloom at Questhaven

Harvesting Your Golden

about the power of the watermelon seed in his recent talk. "This tiny little seed has the power of creating a fruit that is 200,000 times its weight. . ."

As Advent approaches, what will we offer to our Lord as an expression of our love and devotion? Imagine your gift as a seed you will plant in the garden of your becoming.

Recent Comment:

I love all the garden analogies that continue to blossom after the experience in the Garden of Prayer at the Michaelmas Retreat. The vision of our own spiritual garden along with the points of consideration raised in these postings help give me a focal point to draw from as I continue on the spiritual path. The waves of that beautiful Retreat experience continue to build and will lift us into Advent as we prepare for Christ's coming this Holy Season!

[Join the Discussion](#)

Schedule of Talks

Oct 16 *The Immeasurable Grace of God*
Rev. Hal Lingerman

Oct 23 *Intuition—Awakening to Our Sixth Sense*
Rev. Lucy Wold

Moments

By Reverend Phyllis Isaac

Our Lord asked the question, "Where dwellest thou?" Are you dwelling in the future, needing something to look forward to in an upcoming event or thinking about how life will improve? Are you constantly remembering the past and what you have already accomplished? Or are you living in the moment at hand? The Lord Christ pointed out very clearly that following the Christ Way means identifying ourselves now with the Kingdom of God. He teaches us that this Kingdom is attained by centering our consciousness in the Eternal, right where we are. Christ wants to know if we are dwelling in *passing time* or *living time*.

In his book, *Living Time*, Maurice Nicoll writes about these different levels of reality—passing time and living time. He says that passing time is horizontal, and includes the past, present and future. It is where most of us dwell in a series of outer daily activities, unless we are consciously aware of the higher aspects of existence that are taking place. In passing time we have automatic attitudes and thinking—going through the motions of everyday living.

Living time is being fully conscious in the present. It is vertical, linked up to the higher aspects in a state of awareness. It is living in *the holy now*—viewing everything spiritually and newly, without bias or

Oct 31 *What Have We to Learn from Past Civilizations?*

Rev. Blake Isaac

Nov 6 *The Aura—Our Blessing and Responsibility*

Rev. Bette Harper

Nov 13 *Silence Brings Us to Peace*

Rev. Myrna Triggs

Important Dates:

Advent Classes begin on
Wednesday, November 16

Christmas Retreat:
December 23, 24 and 25

Check our [calendar of events](#) for up-to-date information

Join us on the web in a variety of ways:

Website:

www.questhaven.org

Discussion Group:

questhaven.posterous.com

True North Class:

www.questhaven.org/findtruenorth

Email:

office@questhaven.org

Facebook:

questhaven.org/facebook/



judgment.

It is this consciousness that we want to have and that brings us our *golden moments*. Flower A. Newhouse defined golden moments as “Time penetrated by Divine Reality.” Those moments, which are activated by Spirit, bring insights and impressions.

The Hierarchy is always trying to awaken us and illumine us with the Light of Spirit. Our state of consciousness bars God’s entrance in passing time. We are too conscious of what we are doing or what we feel needs to get done. The Masters have told us: *All life has the ability of being fresh and engrossing. It is the person that makes his own events exquisite or very commonplace.*

Commonplace is passing time; exquisite is living time. It is up to us to change the way we perceive life and make the most of our hours of each day. When we take time to remember this moment now, tuning into the higher dimensions of being, we are amazed what happens. This awareness is not imagination, but an extension of our consciousness that opens us up to Divine revelation—a golden moment.

When I was going through knee surgery I was caught up in what was taking place on the outer with exercise, pain and just trying to do the things needed to get well. I was finding it hard to meditate and raise my consciousness Godward for any length of time. At least twice a day I needed to ice my knee for 30 minutes. After several days I



realized that at this time of icing I could relax, come to peace, and be in the eternal now. Not every time was it a golden moment, but there were times I could feel in touch with my higher self and know Christ's Presence of healing power. Then the feelings of gratitude, peace, and love were overwhelming.

Golden moments also came for me in the awareness of all the prayers, the food prepared, and errands run, the help of so many of our spiritual family, and again gratitude and love was felt deep within and a lasting impression was imprinting upon me.

I hadn't been thinking of golden moments in particular for some time and this reminded me to change my attitude and to look for the golden moments in my life. We so often pass over these special times without in-depth recognition to what is happening as we are busy and on to something else. We miss the opportunity of the impact of that moment, letting it sink in and impress us with its power, or seeing it as a growth experience.

Hal Borland, the naturalist, wrote: *The earth's distances invite the eye. And as the eye reaches, so must the mind stretch to meet these new horizons. I challenge anyone to stand with autumn on a hilltop and fail to see a new expanse not only around him but in him, too.*

This is how we want to feel; expanded and stretched to meet life in a new way. The mystic poet William Blake described living in

the now and experiencing the golden moments in his celebrated verse:

*To see a world in a grain of sand
And a heaven in a wild flower:
Hold infinity in the palm of your hand,
And eternity in an hour.*

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