



# Inspiration

For the Mystical Journey with Christ  
December 2010

From our hearts here at Questhaven to yours, we wish you a most blessed Christmas experience full of Christ's expression of love. As His keynote from 1990 radiated out to the world, "See with the eyes of love and feel with the heart attuned to reality."

In this Way of Christ, Merry Christmas!  
Reverend Blake Isaac

*A Christmas Dream by Daphne Allen*



A Christmas message to reflect upon from our Advent classes . . .

## Longing To Be Opened Up To God's Love

*by Agnes Meum*

God is Love. This humanity was created in God's image, and by God's Love. As we are part of God, so also are we part of God's Love. Love is our birthright. That great Love is given fully and freely to all of creation. No limits are placed upon that gift.

Every human has a built-in longing to have his heart beat in perfect oneness with God's heart. Nevertheless, we are on our human journey. There are many tests and difficulties along the way. We want to be loving, but may often miss the mark.

There is a primary obstacle to Love from which all other apparent obstacles stem. This obstacle is the much-talked-about ego. The ego causes us to judge. It causes us to fear, to blame, to fight, to feel anger, hurt, anxiety, have low self-esteem and more.

I recently read that the ego presents itself as two barriers to Divine Alignment: The need to love, and the need to be loved. This spoke very strongly to me. For several weeks the impact of these words was right in front of me, giving me the opportunity to keep looking at this idea, working with it, gaining understanding. As I began to see more clearly, it was possible to start letting go of some feelings and misconceptions from the past.

When we judge others, it arises from our own need for love. When we are in fear of judgment, it comes out of our desire to be loved.

This concept holds many more lessons for me, and I hope I can keep on being open to its truths, and allowing the ongoing releasement to happen. There are always opportunities for “letting go.”

Osho states, in *The Book of Secrets*, “When the “I” is not, the real “I” opens.” When we open up and let go, we move closer to the still, calm center within. Then we can more easily let go of the ego-needs, be centered and resourceful, be open to be Love, to have Love, and to be able to give Love.

I long for the day when I will have better learned how to live these truths. Then there will be more room for God’s Love in my heart—because negative emotions and Love cannot occupy the same space at the same time.

One early morning not long ago, I experienced that transcendent Love. As I walked out to pick up the paper, I was not thinking about much, but became aware how beautiful it was outside. It almost took my breath away. A big moon was shining above; daylight was still subdued.

It was that magical moment between night and day, when time seemed to stand still, or was nonexistent. The moment, the atmosphere, seemed virgin, as though being experienced for the first time. There was a beautiful balance, a peaceful yet profound, amazing equilibrium—when the veils seemed to be thinning, and God’s unimposing yet powerful heartbeat was right there, radiating lovingly through all, to all.

The perfect order of the entire universe was in that moment, along with unequaled stillness and peace. It seemed as if the slate was temporarily wiped clean. Nothing existed but healing, beauty, hope, joy, God’s Allness and God’s Love.

When even a small fragment of God’s Love is witnessed, one is left with a feeling of homesickness, and a longing for more, and more, and more...

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### **Important Dates:**

Christmas Retreat: December 24, 25 and 26

Ash Wednesday: March 9, 2011

Easter Retreat: April 22, 23 and 24

Check our [calendar of events](#) for up-to-date information

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**Website:** [www.questhaven.org](http://www.questhaven.org)

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**Email:** [office@questhaven.org](mailto:office@questhaven.org)

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