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## Dear Friends and Spiritual Family,

Inspiration Magazine is a quarterly publication of The Christward Ministry at Questhaven Retreat.

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Upon leaving my school principalship for more time with the ministry, I feel like I have just stepped outdoors for the first time in a long while. The stuffiness of the spiritual room that I had been living in was unnoticed until I stepped out to receive the rays of the full sun—so spiritually filled with oxygen. I never anticipated the impact of this outward change on my inward journey. The spiritual air smells so crisp and fresh! This air, of course, brings the scent of new beginnings. What a time for each of us on the second half of a *nine* year to seize the promise of its renewing and transforming qualities.

To get through this time of transition, I really had to work on better detachment, not allowing my inertia as a principal to rule my thoughts and govern my actions. Rather, it was needful to let go, and in doing so, open my heart for God to take over, learning acceptance of a Divine plan beyond what I could fully know or

understand. There was a conscious lifting and releasing of the control that I had known as the change began to take place.

One of the Masters' lessons recently spoke to this need. They say, "You are lifting it up for good from the world's experience, and you can serve Us so beneficially by this kind of deliverance." This is how we have the power to change and bring ourselves to new states of being, helping us take those steps outdoors to refresh the wonder of God's journey again and again.

This issue of *Inspiration Magazine* is dedicated to the Hierarchy of God, those perfected souls who help us in this regard as they have made the journey to mastery before us. These Higher Ones continue to guide our journey and work to activate God's frequencies more readily in this world. It is important for us to be aware of them, but we are cautious in giving Their names. They have much work to do on the Inner, and we must be totally sincere in our connections with them. How we rejoice in Their unending interest in each one of us being Their outposts of Light for God on this planet!

Several months ago, The Reverend Hal Lingerman was inspired in just that way. He was listening to a piece of music and saw a vision of two soldiers shooting each other. As they went to the Inner Kingdom, the angels began working with them until they saw each other as brothers in Christ from the soul level. Dorothe Bleth magically brought this vision to life in a moving dance sequence called "*We Are All One in God*," performed during our past Vernal Retreat. One of the artists visiting that weekend suggested we videotape it and put it on YouTube for the whole world to see. We thought this was a marvelous idea and are in the process of doing just that. Let us all begin visualizing how this message can bring the universal message of Christ's love to a world that needs to lift its consciousness to the Divine within each of us, rather than dwelling on our differences. May it ever spread throughout this world to lift humanity's awareness to God.

If we come to everything we do with this spiritual purpose, marvelous Light will shine through our beings. As Flower said, "The more you keep spirituality in mind, the more you become it." It is in this becoming that we are made whole.

As the Great Ones said to one individual, "Continue to prove even during seasons of lull that you are in tune with the winds of Power that bring conquest to the whole of your nature. Let the winds of Wisdom guide the sails of your desires which are pointed toward God."

May each of us sail on wholeheartedly.

Your Brother in Christ,  
The Reverend Blake Isaac



.....  
Summer/Fall 2007

# Christ and the Elder Brothers

by The Reverend Flower A. Newhouse

Originally printed in *Inspiration Magazine*, Third Quarter, 1950



Rev. Flower A. Newhouse,  
founder of  
Questhaven Retreat

A very wise person, who must have had illumination, once said, *The finest fruit earth holds up to its Maker is a finished man.* For millions of years, we have been striving in this humanity to be completed, perfected. Yet in all this time of man's progress only a few have reached the goal of graduation from instruction on this globe. That means only a handful, comparatively, of all souls on earth (or who have gone through the way of the earth), have achieved fulfillment, or had conferred upon them the great degree of masterhood.

The title, Master, does not mean that only those of the positive pole or masculine gender may attain; there are an equal number of elder sisters—women masters. We find that this small group of perfected men and women, well called the alumni of the earth, has met situations such as we are now meeting in our lifetime. The members of this group, the alumni, that guide and bless, guard and direct man's affairs, once individually felt repulsion, hatred and all

the other cruelties of the negatives, even as you and I. And then, one by one, they became victors by *using every destructive energy constructively!*

At last, step by step and goal by goal, they achieved individually the great degree of mastership. It is true that so great is the occasion when one human being gains masterhood that the inner worlds are alight with joy, and there is a great broadcast of benediction and of Light. From the inner ranks of the council of masters, there flows forth into the envelope or aura of the earth great inspiration and incentive to receptive souls to strive higher unto attainment. It is the earth's own alumni who constitute this high council of masters on the inner plane in the center known as Shamballa, the seat of the earth's inner government.

We who face exactly the same great challenges and the same needs faced by those who preceded us should draw from their nearness courage, discrimination, and resolution to attain as much as we possibly can in this lifetime. It is the right of each person to become worthy, through a receptive and pure life, to attune to the transcendent, radiant reality of living perfect men and women. It is not too much to ask of life. We find there are many pupils in the world who have had this confirmed by attunement with these great ones—one such visitation, one challenging meeting with these beings is often enough for a whole lifetime of unselfish endeavor.

## A Master's Testimony

On one such attunement, one of the alumni, a man master, mentioned one day to a group of disciples and pupils that they needed to be very alert to the strongest negative in their characters. He emphasized that if not conquered, it could delay them for many lives from achieving their ultimate self-conquest. This master stated that even after he had taken his first degree initiation, personal ambitions and desires were so strong in him that between the first and second initiations many lives elapsed simply because he could not purify one fault—personal ambition. He was a brilliant genius on earth when a first degree initiate, yet this ambition in him was so strong as to set back his soul from advancing on its true path toward masterhood. Not until that fault was conquered and ambition transmuted was the next initiation taken, and great gain realized.

A woman master spoke up and said that in her own case a strong detriment had been personal, possessive love; that attachments had bound and delayed her many lives. So it is for us, there is something within each that fetters us, of which sooner or later we must become aware, release and lift. All destructive energy and rampant forces when turned toward the Light become new incentives—a tremendous generator for the quickening of our own masterhood. The personality self of each one of us must die some day. It should be now, so that the true Self can take up its abode and assume command of our entire nature.

## Everyone's Goal

Jesus taught us when He was last here on earth to respect the goal of masterhood for all mankind. He said, *Greater things than I do shall ye do in My name*. He made it clear that mastership was an attainment of equality and universality. In other words, we have individually to achieve His goal—that of mastership, the level of attainment from which He spoke that injunction. Of course, He is beyond that now, having earned the higher degree of Lordship; therefore, He will always be beyond us, our Lord Hierarch. He always will be the magnet that draws all of this humanity onward toward perfection.

Earth has graduated comparatively few masters from the ranks of humankind in its millions of years. However, there are many more masters than earth's alumni serving humanity. Most of these come in from far distant galaxies and universes. They come to earth because throughout all the cosmos it is known to be a place where life is progressing and in need of help. These great ones have the tremendous ability to reach out and help, be active, wherever there is need among people.

At present we have these superior officers, like the Sanat Kumara, the Maha Chohan, and the great Manu, who come from other planes. The Sanat Kumara and the Lord Maitreya have been lent from Venus, while the Manu came from the star Regal, and the Maha Chohan from a place far distant from our own planet.

As we advance, we shall always keep attuned to the beam of this “first fruit of humanity,” our own Lord Jesus, the Christ. He is the world teacher and the one who is responsible for the

of the Christ Spirit. The activity, or principle, of the Christ Spirit means *the soul nature released and active in humanity*. Since this is so, our Lord Jesus will always be conscious of us as a humanity, even of those persons who do not come to Him as private pupils, because they are under the tutorship of other great ones.

### How Do We Love Those Who Offend Us?

It is a question of control. You must learn detachment, which is more important than your helping to have the so-called enemy changed. These lessons occur to remind you that the sting of your emotional reaction must be removed within your own heart by removing the intensity behind your reaction.

When offense is given, intentionally or unintentionally, you will need to calm and quiet your aura and do nothing on the outer plane about the offender until the day arrives when you can do it with equanimity. It is important for each one of you to realize that by lifting up the hurt, the injury (it can be malicious or not according to the motive of the sender), you are lifting it up for good from the world's experience and you can serve Us so beneficially by this kind of deliverance.

But ere you can do this, you will need to calm your own aura, and then allow the aims of that unpleasant thought to enter your aura—just to observe it. Finally, you would cause from your inner center, a voltage to begin through love, through peace—a voltage of light which would spread through your aura, lifting that thought now into a higher form.

And so in accepting the waves of those things which are not good, without resentment or fear, you only then and in this way can have power to change that which enters you, into a new state.

—Wise and the Strong

(Excerpted from the Masters' Lessons given by The Reverend Flower A. Newhouse in 1951)

## MICHAELMAS RETREAT 2007

*Angels Ever With Us* is the theme of the 2007 Michaelmas Retreat. We come together at Questhaven the last weekend of September to celebrate and give our gratitude for the innumerable ways humanity benefits from the unending service of the Angels. Always present in our ordinary, everyday lives, Angels watch for signs of our readiness to realize what needs changing in our lives, waiting patiently for that moment when we finally move forward and make those necessary changes.

There are more variations of Angels than there are human distinctions. Just as we have different areas of ability in our lives, Angels, too, have specialized areas of service. Prayer Angels, for instance, are always attentive to the requests and longings we offer up in prayer and give silent counsel to heavy hearts. Amfri Angels work deeply with human beings in accelerating the spiritual evolution of all they touch.

The Friday evening service will focus on the magnificent work of some of the Angelic Orders that interact with humans. Narration, sacred dance, bell choir and voice choir will come together to create a welcoming atmosphere of love and gratitude to these Messengers of God.

On Saturday morning, all are invited to attend a class and discussion focused on Angels in Nature and Angels in the Bible. The morning will conclude with a guided meditation. The afternoon is dedicated to our individual, silent communion with the Angels as we walk the grounds and “look, listen and learn” from these blessed ones.

The Sunday morning worship service will include a talk, “*The Ever-Guiding Hand of the Angels of Destiny*,” given by The Reverend Blake Isaac. A potluck luncheon in Friendship House will follow, concluding this year’s Retreat.

*“Greater association with the Angels lifts our minds from ourselves and focuses them upon ways and means by which we, too, may assist in establishing God’s Plan.”*

*“We are unceasingly in the presence of Angels, wherever we are, because their mission is the well-being of life on earth.”*



*Evening Star* © Ann Rothan

The Reverend Flower A. Newhouse

# Meet Millie Ubry

by The Reverend Susan S. Cary



Millie Ubry has served Questhaven Retreat as organist for thirty-six years. Her love and learning of music began at age eight with piano lessons. She experienced a variety of teachers. Among them, two were professional conductors of the orchestra in the New Jersey community where Millie lived. One of her teachers used to grade Millie on her performance during the lessons. She confided that she received mostly A's and A-minuses. Later, when influenced by a boyfriend who played in the high school band, she took clarinet lessons for a short time but felt no enthusiasm for the instrument.

Another boyfriend helped guide her academic course. In 1945 she applied to the New Jersey College for Women to major in music. During her first year she focused on piano, then studied and practiced the organ for three years. That instrument was no stranger to Millie, as she had played organ at her Lutheran church.

Graduating in 1949, she was a part of the wave of college students that included many GIs from World War II. The focus of many women graduates then was on marriage and children—Millie was no exception. One-and-a-half years after graduation she married Leo Ubry, an engineer who had graduated from Rutgers University, a part of the State University of New Jersey that included Millie's alma mater. While the newlyweds lived in New Jersey, Millie worked in a typing pool for an insurance company producing textbooks distributed to the company's agents working in the field.

During the next eight years of family moves and childbearing—five children in eight years, Millie had no contact with piano or organ. Arline, Alice, Edward, David and Douglas consumed her energies. All this changed on Good Friday of 1958 when the family moved to Simi Valley. After singing in a local church choir for a year, she was able to get a position as organist there.

In 1968, the family relocated to Escondido. It was there that Millie noticed a newspaper ad for a church organist. Responding to the ad, she was interviewed by Joy Day, Questhaven's choir director at the time. After accepting the position, Millie found one of her first assignments to be a challenge. She had to learn the entire score of Wagner's Parsifal, the traditional choir offering for the upcoming Good Friday service.

As her children matured, Millie was free to extend her musical interests. For twenty-two years, she sang alto in the Escondido Chorale, performing in many of the area churches. In 1996 she traveled with the chorale to Italy where their schedule was "chock-a-block" full. Sight-seeing by bus during the day, the choir members performed concerts by night in various churches. Happily, the women at these churches would favor the performers with parties after their performances.

Her husband's passing in 1997 motivated Millie to travel more. In 1998 she took a trip to Alaska with Diane O'Connor. On the Summer Solstice, they anticipated a bus tour to view Denali (Mt. McKinley). The day turned out to be cold and blustery, chilling roadside hikers destined for the mountain. Obeying the rule of the road, the bus driver stopped to pick up all hikers. Unfortunately, no one caught a glimpse of North America's most impressive peak. Later Millie and Diane were able to reach the Arctic Circle and drive along a portion of the Alaska pipeline. Several trips to Europe, with Diane again acting as her guide, and a recent tour of Washington, DC, with her daughter, have rounded out her travels. Now that Millie has more leisure time, we wonder what her next adventure will be.

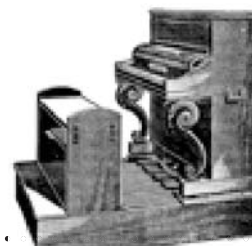
We salute and thank Millie for her gift of music shared with so many, especially her Questhaven family. May music continue to bless her life as she has blessed ours.

Dear Millie,

We wish to extend special thanks to you for your many years of faithful, selfless service to The Christward Ministry. Your excellent musicianship, dedication and constancy are very much appreciated. Your organ playing lifts the tone of the entire service and brings the angels near.

Thank you, Millie!

Lovingly,  
Your Questhaven Family



# *Listen, Obey, and Be Surprised*

By The Reverend Elizabeth Wood



Inspiration Point  
at Questhaven Retreat

“The Christ Hierarchy is closer to you than you know and much more concentrated upon you and the details of your living and serving than you have ever realized.” These words from one of the Great Ones serve as a reminder of Their interest in our growth and Their desire to guide us more directly when we make the effort to be open to Them.

Recently in a dream, I was holding a drawing of a man’s profile. I studied the features very carefully, and when I awakened, I had a definite ‘command’ to draw that picture. That surprised me since I am not an artist and couldn’t help but wonder, “Why me?”

The dream was so vivid and the command so clear that I picked up a drawing pencil and began. To my surprise, a picture with a very powerful feeling began to take shape. I didn’t know who this person was, so at one of the attunement times with the Great One I asked the question, “Who is he?” An immediate answer came. The name that came was of a Chaldean Master whom Flower A. Newhouse once described as responsible for the several monetary systems throughout the world.

I continued working with the drawing, meditating upon it and making changes until the right “feeling” came through. In the dream, I saw the profile clearly, the shape of the nose, dark chin whiskers, the hairline at the forehead and a deep dimple or smile line. However, I didn’t see the hair. So again, I took that question into meditation, saying that I did not see the hair in the dream and didn’t know how I should draw it. An immediate answer came, which seemed to be again from the Great Ones, saying, “His hair is similar to mine.” So I used that image as a guideline.

Not knowing what, if anything, was to come of this project, I was working with it, trying to feel what changes might need to be made, when the sudden command came, “STOP—it’s time to share it.” After sharing it with Blake Isaac, and then, at his suggestion, with

the study group at the Wisdom Teachings class, it is now being shared with all of you.

This process reinforced many lessons for me. First, be obedient; second, trust and don't allow lack of confidence in your abilities to obstruct something that the Higher Ones want to send through. Just be open and follow Their guidance. One thought that was deeply impressed upon me during this experience was how much the Masters want us to know Them.

We are so blessed in having the teachings which were brought to us from the Higher Ones through our spiritual teacher, Flower Newhouse, and we are still studying and being guided and inspired by those teachings which were given more than 50 years ago. We should remind ourselves often that the Great Ones Who serve the Christ are just as present today as They were then, and just as interested in reaching us. We must all do our parts in being open, obedient and trusting in Their guidance.

As another Master once said,

*“Work well. Be faithful. Give attention to the recollection that you are being watched more continuously than you have realized and that you are being companioned more lovingly than you have ever dared to hope... Wherever you stand, wherever you serve, you may be, if you remember Us, Our outposts.”*



Elizabeth Wood's impression of one of the Masters who deals with world finance.

# Purpose Is ...

by Frank L. McKibbin

June 2007

Purpose, no matter how small,  
is the animating energy behind all things and all acts!

Without purpose no life forms would exist—  
no songs ever sung,  
no children ever born,  
no meals prepared,  
no gardens planted,  
no love expressed,  
no seeds sprouted,  
no business started,  
no books written,  
no Universe created.

Find the purpose behind the Universe and  
you will know the answers to all questions.

Find the purpose behind your actions and  
you will know yourself.

Find the purpose behind another's words and  
you will know them.

Find the purpose of life and death and  
you will know God!

# Ministry Moments

WE HAVE A NEW ORGANIST: With Millie Ubry earning a healthy rest from being our primary organist, the ministry began a search for someone to fulfill this need. “Ask and ye shall receive.” On the very day we began looking, we found a newspaper ad placed by an organist looking for a church home. That individual was Barbara Banks, who has since enthusiastically joined our musical and spiritual family. We look forward to sharing with you more of her story in a future issue.

VERNAL RETREAT: A Light-filled thank you to all the visible and invisible helpers who helped bring everything together for the 2007 Vernal Retreat—*Healing Through Music*. The Reverend Hal Lingerman opened the retreat Friday evening, as we honored the Lord Christ with music and sacred dance. Saturday was filled with wonderful music, including presentations by William Zeitler, Maria Kostelas, Peter Sterling, and Richard Jelusich. Sunday’s talk, *The Voice of Creation—The Inner Dimension of Music* was given by The Reverend Jonathan Wiltshire. It was a joy to greet new faces and rejoice in the well-attended and deeply felt retreat. Special thanks to Richard Wold and Rebecca Nixon for coordinating this wonderful experience.

PERUVIAN WORKSHOP: Karen Palmer, Ph.D., spiritual psychologist and shamanic practitioner, delivered a powerful, poignant workshop based on the heart-centered wisdom of Q’ero Shamans, direct descendents of the Incas. The indigenous peoples of Peru nestle in the high mountains, living simply and in direct communion with God. Both worlds of their existence, the physical and the spiritual, are interwoven. We explored our timeless connection to the ancients through their devotions, teachings, healing techniques and rituals. Our experience opened new vistas and heightened awareness of the Divine Source in nature.

PRAYER CORDON FOR RAIN: What a dry year we are experiencing! The Reverend Susan Cary organized a twenty-four hour prayer cordon at half-hour intervals to Divinely address this growing concern. Please add your own prayers that ask for God’s help in bringing rain to this thirsty land.

JOURNEY TO THE SUN TOUR: On July 18th, nineteen spiritual travelers ventured to Glacier National Park in Montana. With Holy Expectancy, they explored the beautiful mountaintops and trees that seemed to keep reminding them to look Godward. From boat trips on majestic lakes to walking in peaceful meadows, they bathed in the Divine nourishment of traveling with a spiritual emphasis. The beauty and wildlife were awe-inspiring. What a wonderful place to feel the nature beings and angels rejoicing in their work! Special thanks to Doree Evanoff for organizing this trip.



### Ongoing Activities—All are Invited

Please call the office for further information—760-744-1500

**Meditations** are held on Wednesday evenings (2<sup>nd</sup> and 4<sup>th</sup>) in Chapelito at 7:30 p.m. Everyone is welcome to join in this time of reverent attunement that is led by Jean Michalewicz.

**Wisdom Classes**, led by The Reverend Blake Isaac, are held on alternating Tuesdays at 7:30 p.m. in Chapelito.

**Pranic Healing Clinics** are held by Mary Clark, Ph.D., on the first Sunday of each month in the Academy from 12:30 p.m. to 2:30 p.m.

**Servers in Action Days** are on the first Saturday of the month from 9 a.m. until noon.

Classes studying The Christward Ministry teachings include:

**Mondays:** (2<sup>nd</sup> and 4<sup>th</sup>) at 7:30 p.m. in Oceanside

**Wednesdays:** (1<sup>st</sup> and 3<sup>rd</sup>) at 1:30 p.m. in the Questhaven Academy

### Special Announcements

**Silent Masters' Retreat, Saturday, August 11:** Beginning at 10:00 a.m. in Chapelito, this will be a day of silence and meditation honoring the Great Ones.

**Michaelmas Retreat, September 28-30:** The retreat opens with the theme of *Angels Ever With Us* on Friday evening at 7:30 in the Church of the Holy Quest. On Saturday, the focus will be on Angels in Nature and Angels in the Bible. For specific details and activity schedules, check the upcoming flyer. Reservations to stay on the Retreat are available through the office.

**Holy Quest IV, October 19-21:** The theme for this series is *Our Call to God*. It is a culmination of what has been learned throughout the Holy Quest series, providing inspirational ways of living the life of discipleship and experience of rededication.



*"Truth is the Open Door. It points the way to liberation from encumbersome ignorance, fear, and inadequacy. Let us not deem unusual circumstances or unkindly fates, driving us into a frenzy of bewilderment or grief. They are but the indication of the lane's turning and a new direction that awaits our discovery."*

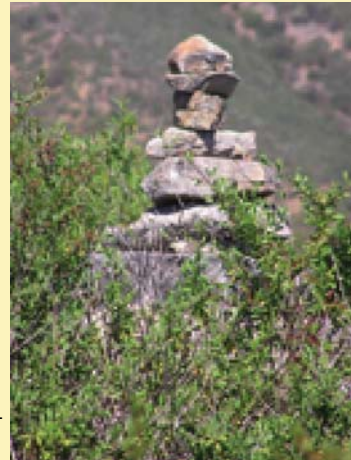
— *The Christward Way*, The Reverend Flower A. Newhouse

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About the cover: Blooming Cactus at the Academy. Photo from Vernal Workshop 2006.