



Inspiration

A guide for the mystical journey

The Angelic Kingdom

Flower A. Newhouse

What we learn from Masters

**Michaelmas
Retreat**

Summer/Fall 2004
Volume 1, Issue 3
www.questhaven.org

Meet Karin and Joe Graybeal



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Inspiration Magazine is a quarterly publication of
The Christward Ministry at Questhaven Retreat.
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Suggested donation is \$10 per year,
\$15 for international.

Many thanks to Stephen and Phyllis Isaac, Gwen
Hulbert (editing), Evelyn Alemanni (editing, layout,
cover photo), and all our contributing authors. If
you have articles, poems, or photos for future
issues, email them to office@questhaven.org.

*Cover photo: trees near the office at Questhaven
in summer.*

Dear Friends
and Spiritual
Family,

It is time to realize that the Great Ones on the
inner realms who preside over this Ministry
care deeply for each of us—so much so that
every trial we encounter and thought we
express is under their watchful presence. Jesus
said, *Not one sparrow falls to the ground
without God’s consent.*

It is this kind of awareness that helps us
understand the kind of love that Divinity holds
for us. Even the great masters in the inner
realms who have guided this Ministry have
commented on the details of our individual
spiritual progress. They remind us in
Disciplines of the Holy Quest that the Christ
Hierarchy is concentrated upon us. It is much
closer to us than we know. The details of our
living and serving are watched with great
interest and caring on the inner planes.

They say, *Endeavor to make beautiful,
complete and gracious all that you think or
attempt while under the observation of the
Wise and the Strong.*

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Let us walk with more assured steps in divinity's realm as these Great Ones guide us.

Last summer, my family and I visited Mt. Rainier near Seattle, Washington. Here you can feel the presence of holy ones all about you. It is easy to walk into this nature kingdom and feel the watchful eye of the Lord of this great mountain.

Flower tells us that the vibrations issuing from His domain extend their beams into those communities and cities that are nearby on all sides of the mountain. And truly they are felt. With the invisible helpers of the angel kingdom watching over the outer forms of this world and the great hierarchy of the heavens watching over us among the stars, all is right in the cosmos.

Enjoy the final days of summer. Discover God's nearness to you. Lift your thoughts to the coming Michaelmas Retreat as we take these words from the masters in *Wellsprings of the Holy Quest* for our keynote:

We stand quietly, and to you, invisibly, behind your every moment. One of us is unendingly attuned to the work done by every commissioned server and group. Let your thoughts include our companioning and rejoice in this fusion of the outer and the inner.

May your moments on earth be blessed,

Rev. Blake Isaac



THOUGHT FOR THE MONTH

“I charge thee before God and the Lord Jesus Christ, and the elect Angels that thou observe these things.”
— I Tim.5:21

Remember...

“The Angel voices come whispering: Onward is thy path and upward is thy home.”
— Source unknown

The Angelic Kingdom

By Rev. Flower A. Newhouse

There has always existed belief in the Kingdom of Angels. The sacred books of every world religion regard Angelic Beings as great benefactors of mankind. Both the Old and the New Testaments of the Bible give tribute to the existence and selfless service of the Angels. We find much regarding them in Daniel, Isaiah, Psalms, Revelation and the Acts. The deep teachings in the Jewish Kabala accord the Shining Ones frequent reverent mention. One of the apocryphal writings, *The Book of Enoch*, includes these beings more than do any of the other ancient scripts.

To Socrates, Plato, St. Augustine, Dionysius, Jerome, Gregory, Proclus, and the later initiates Paracelsus, Thomas Moore, Milton, Edwin Arnold and Shakespeare, Angels were as accepted in truth as was the existence of human beings.

Those whose spiritual insight has penetrated physical barriers realize that Angelic beings evolve as do men, slowly and gradually, until at last they too enter the supernal glory of unity with God's everlastingness. Because they are more advanced than men, they know more of the mysteries of life than do we as yet. While they serve purely, joyously and selflessly in mood and action, a portion of their consciousness is perpetually adoring and contemplating the presence of God.

There are three main classifications in the evolution of the Angelic Kingdom; namely the Cloud of Silent Witnesses before the Throne, the advanced orders, and the Ranks of the Angels. Even the lowest orders of Angels are higher than men. For that reason the Psalmist sang, "*He hath given His angels charge over thee to keep thee in all thy ways.*" — Ps. 91:11

When we pray we should occasionally extend the boundaries of our realization to include the Shining Angelic orders. After our invocation of the Holy Trinity we can address the Angelic Kingdom with these well known and oft used reverent salutations: "*Bless the Lord, ye His Angels, that excel in strength, that do His commandments, harkening unto the voice of His Word. Bless ye the Lord, all ye His Hosts, ye ministers of His, that do His pleasure.*" — Ps. 103:20, 21

Cherubim, Seraphim and Thrones are of the highest orders of those who help to form the cloud of silent Witnesses before the Throne.

The Cherubim, about whom artists have only given us symbols, contemplate the wisdom of God and emanate that wisdom.

Seraphim are the fervent, Divine love-ensouled beings who are synonymous with the fire of holy enthusiasm.

Thrones administer the divine judgments of the Supreme Spirit. They form a kind of judiciary body of the highest orders.

Lower than the three orders mentioned, but still belonging to the advanced hosts of Angelic evolution are the groups known as Dominations, Virtues, Powers, Principalities, and Archangels. Dominations are the Administrators. Virtues are beings who are capable of great spiritual integrity and activity. The early Christians believed that grace and miracles came under the jurisdiction of these lofty intelligences.

Powers regulate the activities of spiritual purposes in such a way that confusion and opposition is overcome. Gregory believed that the Powers had charge of checking contrary forces.

Principalities wield authority over human nations, governments, kings, leaders, and world servers.

Archangels are beings of tremendous development who could belong in rank in any of the described advanced order groupings, but who choose to be interpreters between the higher orders and the ranks of Angels and men.

To be an Angel of lesser or higher rank signifies one who has achieved enlightenment and who is capable of disseminating the Light of God into all the regions and among all the lives that God has created.



*Rev. Flower A. Newhouse,
founder of
Questhaven Retreat,
(photo from 1979).*

Much of mythology contains prisms of the white light of truth. The ancients knew that various idyllic abodes of men, devas and Angels, such as Arcadia, Olympus, Elysium, Valhalla, Nirvana and Paradise, actually referred to definite locations of infinite beauty and specialized power.

Knowledge regarding the Angelic Kingdom has belonged to the archives of humanity since primeval receptions of great truths. It is one of the few basic revelations that has been the least distorted and changed. We need its full import of blessings, even as we need to learn of the realities of all the gradations of glorious being that the Supreme Spirit has invested with life since time unfolded God's purposes.

THE PROMISE

"Behold, I send an Angel before thee to keep thee in the way, and to bring thee into the place which I have prepared for thee."

—Exod. 23:20

THE PRACTICE

"Call upon me and I will answer thee and show thee great and mighty things which thou knowest not."

—Jer. 33:3

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What we Learn from Masters

By Rev. Phyllis Isaac

There is a purpose that underlies all of evolution—that purpose is the perfecting of life. Our Lord Christ told us that the perfecting of life was not His alone when he said, *Greater things than I have done shall ye do in my name*. Each one of us is in the process of this evolution.

A master is a soul who has completed the conquest of self and all the lessons that earth can teach him or her. These masterly souls have come up the ranks of initiation until life is perfected, so there is no longer a need to come back to earth. They join the Hierarchy of pure and just souls who form the inner spiritual government of the world that is located in the area of the Gobi desert in the invisible etheric world in the sacred city of Shamballa.

The Lord of the World, whose name is the Sanat Kumara, resides in Shamballa and is responsible for the inner government of our planet. Our Lord Emmanuel spends a portion of his day in this center where he teaches the masters and those initiate pupils who are called at night for enlightening. At times of great need the Christ calls together all the administrators, pupils, initiates, masters, Lords who serve the earth; profound discussions take place and then with the silent uniting of their wills they call upon the powers of the angelic archives and Logi. A tremendous sea of energy is created that wields great gales of purification and new powers of Light are broadcast to the earth to transform and awaken humanity.

The greatest lesson we learn in knowing about this vital reality of masters is that they are the finished fruit of humanity and they show us the way to our own completion. They are the custodians of knowledge, wisdom and ability. They are a shining reality of all we are striving to become and nothing equals the spiritual impetus of their knowledge. When the reality of perfected souls is brought home in our hearts through desire and receptivity for truth, a fire begins in our souls, which spurs us on in growth and consciousness.

These Great Ones keep alive the wisdom teachings that are endless and ageless. The glorious good that comes from these deeper teachings given by these God-unfolded souls is an open window for us to gaze out of and see into the distant future of our own becoming.

Meet Karin and Joe Graybeal

Rev. Susan Cary



Long-time members of the Questhaven family, Karin and Joe Graybeal began life in the Eastern United States. Bronxville, New York, was Karin’s first home, but when she was quite young her family moved west, ultimately settling in Laguna Beach.

As a teenager she began studying dance and through that interest met Dorothe Bleth. The two quickly bonded. Dorothe would join Karin in Laguna where the two took dance classes over weekends.

It was Dorothe who introduced Karin to Flower and Questhaven. Becoming a devoted follower of Flower and the Questhaven teachings, Karin began serving as a temple dancer. Subsequently she and Dorothe roomed together in New York City while continuing their dance study.

Deciding this wasn’t the life for her, she returned to the West and became “mostly a mom” during her children’s growing up years. Later her lively mind led her to complete a degree in psychology and spend five years working at the Women’s Resource Center. However, Karin affirms that to be a part of Questhaven, living the life of discipleship with Flower has been beyond all other education.

By contrast, Joe spent his growing up and college years in Kentucky following a consuming interest in sports, with football foremost. A leader in athletics, scholarship, social and school activities, he found no woman of enduring interest until he met Karin. It was after Joe had become an officer in the Marine Corps

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stationed at Camp Pendleton that their paths crossed. Of that first encounter, Joe exclaimed, “She literally blew my socks off!” Karin agreed that the sparks between them were mutual.

After their marriage, Karin brought Joe to Questhaven. Recounting the first time he entered Questhaven, surrounded by the choir singing “Angels of Glory” and hearing Flower speak, Joe recalls, “I was mesmerized. It all opened up. I knew I was coming home.”

These two have given Christ-dedicated service here for many years, Karin in voice choir, assisting Dorothe in choreographing dances for retreats, serving as advisor to Questhaven’s Board of Directors and giving talks for Wednesday night classes.

Joe has sung in the voice choir and is a willing chairperson for Sunday services, even when called at the last moment. Every Sunday he arises early to prepare the church with a thorough vacuum cleaning, adding his own devotion to Christ as he does so.

Vernon Day was Joe’s mentor in how to clean and prepare the church for service. Watching Carol Asher’s reverent attention to all details of arranging plants and decorations on the altar added to his awareness. These two were role models who inspired his service.

Beyond the gates of Questhaven, Joe was employed for many years in a variety of academic positions. Last year he retired as Associate Superintendent for Business, Operations and General Services at Oceanside Unified School District and returned to work in part-time capacity.

We thank Joe and Karin for being the wonderful people they are and for their generous spirit and giving.

Make me Beautiful for Thee, Oh Lord

By Rev. Juliana Steiner



Juliana Steiner is a Questhaven minister based in Switzerland.

From a Saint whose name I don't know, comes the saying: *Make me beautiful for Thee, Oh Lord*. What a longing speaks from this phrase—what closeness to our Christed Lord this holds! Much difficult work needs to be done to come that far.

Through books I found Flower, Questhaven, the Angel Kingdom, the Masters, and a much greater nearness to Christ, and to God. This wonderful knowing and feeling of having come home—no further need to search for my way to God—gave me great release and joy. I thought, now I can just relax and have nothing more to do.

However, it was different. To have found a teacher of such a high spiritual state and command brings a responsibility to grow in character building and spirituality under her guidance.

Because I was not too practical a person, it was not always easy for Flower to reach me. “Be specific” was what she told me and I thought in wonder, but I'm that already and had no clue of what she was talking about. I must have been deeply asleep and Flower had to wake me up. I thought it was good enough just to have uplifted thoughts and blessed feelings of the inner worlds.

However, a new step was required— a step of greater fulfillment, yet for me a difficult one. It took work on my character, work to become specific and practical in the world and at the same time being with God. Flower pointed out a

new structure, a new form, how to become more down to earth in God. It finally dawned on me that God needed practical doers of the work.

In a letter Flower stated: *“I often experience a homesickness for God and the inner worlds. Then, I realized I might do something now to bring Heaven alive here. Living our lives for Christ is the most difficult work we do this lifetime. And yet there are victories that make the months of effort very worthwhile. Without working on ourselves constantly we think and live very ordinarily, and we’re not at all then of any help to the world. I believe we should all leave this world better than we found it.”*

This Christian mystic had a great sense of practicality as well as a longing for God. Flower has put us in the right track to become to our best ability doers of the work and be at home in two worlds. This is what it needs, for there is much work to be done in this dimension. So much suffering is going on in the world, so much corruption, so much criminality, so much poverty, so much illness. Trained people are needed to be used as channels to help to bring more balance into the world, more consolation to nations and people in need, more respect to the animal Kingdom, more care for God’s Nature.

This can be done in a detached and humble way. With this we serve the Christ and His Council. We do not yet need to be perfect. To the best of our ability we can be used, if we so wish. What beauty will be gathered through these victories in our souls for the Christ! Let us bring Him our best and most beautified selves.

I send you loving greetings from the Angelic Kingdom of the Mountains in Switzerland. The connection between those great Lords includes the Lord of San Jacinto. May you all have an inspiring wonderful Angel Festival, receiving God through Nature and His Angelic Kingdom.

Michaelmas Retreat 2004

By Jean Michalewicz

Each year at Questhaven we celebrate the Feast of the Angels during a three-day retreat which takes place at the end of September. Michaelmas is named in honor of the great Warrior Archangel Michael who “mightily defends those who love God.” At this time, we remember and honor not only Michael, but also all who are inhabitants of the Angelic Kingdom. Michaelmas gives us the opportunity to draw closer to the angels, to commune with them, and to express our deepest gratitude for all that they do for humanity and all of God’s creation. They are truly loving, powerful, and light-filled beings.

This year we are focusing on the angels and beings that dwell within the nature kingdom. The Friday evening service will be devoted to depicting through narration, dance and music how nature spirits evolve from very small beings, such as fairies, to very great and highly developed beings such as mountain Lords. On Saturday, all are invited to enjoy the natural beauty of the Retreat grounds by exploring its trails. Much is gained by being out in nature and communing with God and the angels. Other Saturday activities include a guided meditation in the Church of the Holy Quest and a potluck supper. This year’s Michaelmas Retreat will culminate with the Sunday morning worship service that will include a talk given by Rev. Jonathan Wiltshire, entitled “Honoring Earth’s Pristine Kingdom: The Angels of Nature.”

All who love the angels, who want to honor them, and who desire to learn more about them are invited to attend this very special retreat.

“For he will give his angels charge over you to guard you in all your ways.”

—Psalms 91: 11

“In time we shall feel as deep a bond with Angelic Orders as we do with our own human kingdom; and from this loving fusion of spiritual oneness will come a powerful unity—the nucleus of even more glorious unfoldments to be achieved.”

—Flower A. Newhouse

Ministry Moments

By Rev. Blake Isaac

CHILDREN’S SUMMER CAMP: In early July, the young people of our ministry gathered in fellowship for our annual summer camp on the retreat grounds. The children enjoyed lots of activities as they studied Flower’s lessons in *The School of Life*. A special thank you to Laurie and Bret Burke for opening up their pool to all our young people.

HOLY QUEST III: This new course presented in May was greatly appreciated by the intimate group that attended. This class was designed to bring one closer to the inner worlds through meditation and intuition as well as to deepen understanding of the teachings of the masters and their influence on our lives today. Out of this experience came the enthusiastic impetus to continue with a Holy Quest IV which is now being projected for 2005.

COLLECTED WORKS: Work continues on this book project of gathering together Flower’s teachings on various topics. The current chapter being written focuses on prayer and healing. We look forward to the completion of the first volume in the near future.

BUILDING UPDATE: Progress on Blake and Danielle’s residence has been slow yet productive. Gordon Bleth and Daryl Carlson have provided vital work and support as the building process has continued. All the grading is done and the final building permits have been pulled. Work has recently begun on the structure itself.

SOUND ROOM UPDATE: The speakers were recently mounted in the front of the church. This has made a big improvement to the overall sound quality in all areas. Final adjustments are being made on the entire system. Thank you all for your input and patience throughout this process.

CHURCH LIGHTING: The ministry has been given a proposal to improve the lighting in the church. This would allow the ministry to have more control over the current system as well as provide better lighting for retreat programs.

2004 Summer/Fall Program

Sunday Services begin at 10:45 a.m.

AUGUST

August 1	<i>How Great Thou Art</i>	Rev. Susan Cary
August 8	<i>Unmask Your Motives</i>	Rev. Blake Isaac
August 15	<i>Beacons from the High Trail— The Legacy of Master Souls</i>	Rev. Jonathan Wiltshire
August 22	<i>Initiation: The Gates that Lead Us Godward</i>	Rev. Elizabeth Wood
August 29	<i>Synchronicity—Jung and the Search for Meaning</i>	Anne Hubbell

SEPTEMBER

September 5	<i>The Ministry of Work</i>	Evelyn Alemanni
September 12	<i>Creating Our Life Story</i>	Rev. Susan Cary
September 19	<i>Practicing the Presence</i>	Ben Wisckol

MICHAELMAS RETREAT, September 24, 25, 26

Friday, 7:30 p.m.	<i>Evolution of the Angels</i>	
Saturday	<i>Activities Honoring the Angels</i>	
Sunday, 10:45	<i>Honoring Earth's Pristine Kingdom— The Angels of Nature</i>	Rev. Jonathan Wiltshire

OCTOBER

October 3	<i>The Basics of a Dedicated Life</i>	Rev. Elizabeth Wood
October 10	<i>Intuitive Development and Beyond</i> (Animal Blessing to follow service)	Alexandra Alba
October 17	<i>The Karmic Destiny: Where Your Past Meets Your Future</i>	Rev. Blake Isaac
October 24	<i>Faith and Peace of Mind</i>	Rev. Myrna Triggs
October 31	<i>Spirit of America</i>	Laurel Rivera

Ongoing Activities

The Way Within meditation class will begin again in October, the first and third Wednesday of each month at noon in the Academy, led by Rev. Phyllis Isaac. We invite all those interested to join us.

Meditations on Wednesday evenings in Chapelito at 7:30 p.m. Everyone is welcome to join in this time of reverent attunement that is led by Jean Michalewicz.

Pranic Healing Clinics: The first Sunday of each month from 12:30 p.m. to 2:30 p.m. Led by Mary Clark, Ph.D., in the Academy Building.

Servers in Action: Second Saturday of the month at 9 a.m.

Study Groups

Classes studying The Christward Ministry teachings:

Monday: (every) at 10:30 a.m. to 12.30 p.m Vista

Monday: (2nd and 4th) at 7:30 p.m. Oceanside

Tuesday: (2nd and 4th) at 7:30 p.m. San Marcos

Thursday: (1st and 3rd) at 1:30 p.m. Questhaven—Academy Building

Please call the office for further information.

Special Announcements

The Holy Quest I—October 15-17 This series includes Christian Mysticism, Our Sevenfold Bodies, Christian Discipleship, Angels Who Guide Our Lives, presented by Rev. Susan Cary, Rev. Phyllis Isaac, Rev. Elizabeth Wood, and Rev. Jonathan Wiltshire. We have had very enthusiastic response to the Holy Quest series and we hope you will share in this opportunity.

The Holy Quest II—November 12-14

The Holy Quest III—January 21-23

Brochures are available for those interested in these weekend retreat courses of study. Call the office for reservations or further information on this spiritually expanding and transforming experience. 760-744-1500 or visit our website:<http://www.questhaven.org>.

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Summer/Fall 2004

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